## West Virginia University

#### Department of Transportation Drug & Alcohol Testing Program



**Deanna Watts Designated Employer Representative (DER)** Deanna.Watts@mail.wvu.edu Phone: (304) 293-5577 Phone: (304) 293-8765 Cell: (304) 288-8650

**Amanda Biddle Program Manager** Amanda.Biddle@mail.wvu.edu

WVU Division of Talent and Culture, Medical Management PO Box 6640, One Waterfront Place Morgantown, WV 26506-6640



## **QUESTIONS TO BE ANSWERED**

- WHY?
   WHO?
   WHAT?
   WHEN?
- WHERE?



# WHY?



#### WVU Personal Rapid Transit (PRT)





#### WVU receives Federal assistance from the Federal Transit Administration (FTA)

#### 49 U.S.C. Section 5337



#### West Virginia University:

- Values a safe and efficient working environment
- Will not tolerate any risk to safety, quality or productivity



# WHO?



# **Federal Transit Administration** (FTA), Safety-Sensitive (SS) Positions:



FTA, Safety Sensitive (SS) positions:
operation of a revenue service vehicle (RSV)
operation of a non-revenue vehicle requiring a CDL;



FTA, Safety Sensitive positions:

- controlling movement or dispatch of a RSV
- maintenance of a RSV or equipment used on revenue service
- security personnel who carry firearms



#### FTA, Safety Sensitive Functions:

- Operators, Dispatchers, Mechanics, CDL/Non Revenue, Armed Security, Supervisors if they may perform SS
- Includes trainees when driving, even if not in revenue service



#### Includes volunteers –

A volunteer is a covered employee if:
required to hold a commercial driver's license

performs a safety-sensitive function



# Affected Department:Personal Rapid Transit (PRT)



# WHAT?



### **Drugs Tested:**

- Marijuana
- Cocaine
- Amphetamines, Methamphetamine, and



Drugs Tested:
Opioids [Codeine, Morphine, and Heroin.]
Phencyclidine (PCP)

Use of these substances are prohibited at all times Prohibitions may be added (and include certain over-thecounter medications)



## **Regulation updates**

DOT amendments include –
 add methlenedioxyamphetamine as an initial test analyte; and remove methylenedioxyethylamphetamine as a confirmatory test analyte



# **Regulation updates**

- DOT amended its drug-testing program regulations to add the following to the drug testing panel –
  - Hydrocodone
  - Hydromorphone
  - Oxymorphone
  - Oxycodone



#### Alcohol Testing



# WHEN?



## Types of Testing:

- Pre-employment
- Random
- Post Accident
- Reasonable Suspicion



## **Types of Testing:**

Under certain circumstances, testing is conducted for:

- Return to Duty
- Follow-up

Both are subject to testing under direct observation



# Pre-Employment: Occurs prior to hire or before transferring into a safetysensitive function Requires negative test result



# Pre-Employment: Negative test result must be received prior to performance of safety sensitive functions



#### **Pre-Employment:**

 Must be conducted when an employee has been absent from work 90+ days, when removed from pool

WVU does not conduct pre-employment alcohol testing



WVU has a Third Party Administrator to manage the random selection process



#### **Random Testing:**

- Unannounced and unpredictable
- Reasonably spread throughout the calendar year
- At all times of day



# Random Testing: Use of a scientifically valid method in which each covered employee has an equal chance of being selected for testing



Random Testing Policy Provision:
Random testing rate\* (per pool)
50% drugs
10% alcohol



\*subject to change

## Random Testing Policy Provisions: Availability for Testing-

- Random **drug** testing must occur anytime an employee is on duty
- Random alcohol testing must only be conducted just before, during, just after performance









Post-Accident Testing: Covered employees will be tested:

- performance either contributed to an accident <u>or</u>
- cannot be completely discounted as a contributing factor to the accident



Post-Accident Testing: (Decision Maker is Key) – • Fatality – REQUIRED



## **Post Accident:**

•Non-Fatal:

- medical attention away from scene
- vehicle w/disabling damage

Testing required unless:

 Employee's performance can be completely discounted as contributing

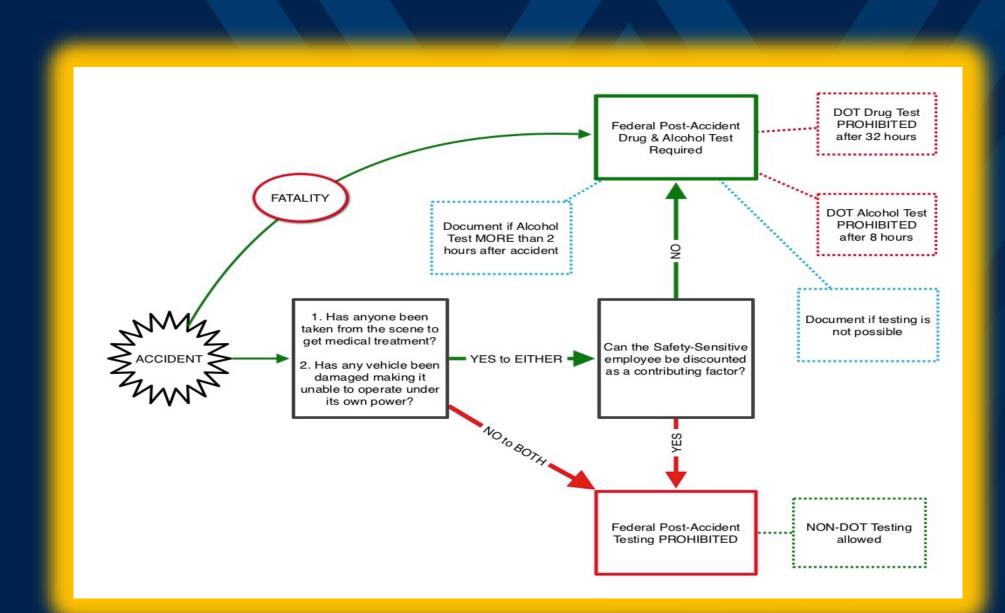
WestVirginiaUniversity.

### **Post-Accident Time Requirement:**

As soon as practicable after SS employee dismissed from scene and medical attention provided

- Testing delayed until decision is made, documentation required
- Alcohol 2/8 hour rule
- Drugs 32 hour rule

WestVirginiaUniversity.





Reasonable Suspicion Testing: Occurs when a company official believes the employee shows signs of drug abuse and/or alcohol misuse



### **Reasonable Suspicion**

 For both drugs and alcohol, decision made ONLY on specific, contemporaneous, articulable observations concerning appearance, behavior, speech or body odors



### **Reasonable Suspicion**

 Written report within 24 hours of observed behavior or before results of test are released if earlier than 24 hrs



# A key tool is the Check list

#### Click here to review the Reasonable Suspicion Determination Checklist



### Zero Tolerance

 The University has a zero tolerance policy, as outlined in 2.5.5.1 of WVU Rule 3.4

 In 2.5.5.2, the University does allow for self-disclosure, this is also outlined in section 2.10 of policy



### Self-Disclosure

2.10.3 A covered employee's self disclosure to the DER shall:

- occur prior to the covered employee reporting for duty
- not be made in an attempt to avoid a required drug or alcohol test;



### Self Disclosure

require covered employee to initiate an assessment through the FSAP within three (3) business days
require the University to remove from safety-sensitive functions



Return-to-duty and Follow up Testing

If WVU hires employee who is under a Substance Abuse Professionals (SAP) return to duty process -

- The employee must take a DOT return-to-duty test prior to returning to safety-sensitive functions
- The employee will be subject to a minimum of 6 unannounced follow-up tests in the first 12 months



### **Return-to-duty and Follow up Testing**

### (continued)

- Follow-up testing may occur for up to 60 months
- All testing must be conducted under direct observation



### WHERE?



### **Collection Sites:**

- MedExpress
- LabCorp
- Wedgwood Family Practice
- Whitehall Medical



### ADDITIONAL INFORMATION



### **Employment Requirements**

- Position description must include safety sensitive functions
- Position must be posted with drug testing (DT) requirement indicated
- Previous employer release is required and investigation pursued
- DOT Background check completed

**Employment Requirements**  Contingent offer made • Employees meet with Talent Strategy, DER and/or Program Manager Pre-employment drug testing is conducted, negative result is required During onboarding, required training programs must be completed



### **Pre-Employment D&A Test History**

- Employers must review DOT testing history from applicants previous DOT regulated employers, during prior two years
- Information required under 49 CFR Section 40.25
  - Alcohol tests of >=0.04
  - Verified positive drug tests
  - Refusals
  - Other violations of DOT agency drug/alcohol regs
  - Documentation of successful completion of SAP-required RTD/follow-up process



### **Alcohol Standards**

- No performing covered activity if BAC 0.04 or greater
- No drinking 4 hrs before SS duties
- No drinking while on-call
- 8 hours off-duty after BAC between 0.02 and 0.039, or until <0.02</li>



### **Prescription Medications:**

- Have conversation with your physician regarding medications listed for DOT drug testing
- FTA Prescription and Over-the-Counter Medications Toolkit well-regarded by MROs
- Employer form is required when prescription or over-the-counter medications are necessary



## Final Rule in Federal Register (82 FR 52229)

- Effective January 1, 2018
- Key Changes: Adds 4 semi-synthetic opioids (hydrocodone, oxycodone, hydromorphone, oxymorphone)
- Adds methylenedioxyamphetamine (MDA)
- Removes methylenedioxyethylamphetamine (MDEA)
- Modifies timing for Medical Review Officers (MROs) to communicate a significant safety risk or medically unqualified decision

WestVirginiaUniversity.

### **DOT Medical Examiners**

- WVU Occupational Medicine conducts
  - DOT evaluations for release to return to work
  - Phone: 304-293-3693
  - Location: CPASS Building

