### West Virginia University

Department of Transportation Drug & Alcohol Testing Program



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### QUESTIONS TO BE ANSWERED

- WHY?
- WHO?
- WHAT?
- WHEN?
- WHERE?



# WHY?

### WVU Personal Rapid Transit (PRT)



WVU receives Federal assistance from the Federal Transit Administration (FTA)

49 U.S.C. Section 5337



#### West Virginia University:

- Values a safe and efficient working environment
- Will not tolerate any risk to safety, quality or productivity

# WHO?

# Federal Transit Administration (FTA),

Safety-Sensitive (SS) Positions:

### FTA, Safety Sensitive (SS) positions:

- operation of a revenue service vehicle (RSV)
- operation of a non-revenue vehicle requiring a CDL;

### FTA, Safety Sensitive positions:

- controlling movement or dispatch of a RSV
- maintenance of a RSV or equipment used on revenue service
- security personnel who carry firearms



### FTA, Safety Sensitive Functions:

- Operators, Dispatchers, Mechanics, CDL/Non Revenue, Armed Security, Supervisors if they may perform SS
- Includes trainees when driving, even if not in revenue service

#### Includes volunteers –

A volunteer is a covered employee if:

- required to hold a commercial driver's license
- performs a safety-sensitive function

### Affected Department:

Personal Rapid Transit (PRT)

# WHAT?

### Drugs Tested:

- Marijuana
- Cocaine
- Amphetamines, Methamphetamine, and

### Drugs Tested:

- Opioids [Codeine, Morphine, and Heroin.]
- Phencyclidine (PCP)

Use of these substances are prohibited at all times Prohibitions may be added (and include certain over-the-counter medications)



### Regulation updates

- DOT amendments include
  - add methlenedioxyamphetamine as an initial test analyte; and remove methylenedioxyethylamphetamine as a confirmatory test analyte

### Regulation updates

- DOT amended its drug-testing program regulations to add the following to the drug testing panel –
  - Hydrocodone
  - Hydromorphone
  - Oxymorphone
  - Oxycodone



### Alcohol Testing

## WHEN?

### Types of Testing:

- Pre-employment
- Random
- Post Accident
- Reasonable Suspicion



### Types of Testing:

Under certain circumstances, testing is conducted for:

- Return to Duty
- Follow-up

Both are subject to testing under direct observation



### Pre-Employment:

- Occurs <u>prior to hire</u> or <u>before</u> transferring into a safetysensitive function
- Requires negative test result



### Pre-Employment:

 Negative test result must be received prior to performance of safety sensitive functions

### Pre-Employment:

 Must be conducted when an employee has been absent from work 90+ days, when removed from pool

WVU does not conduct pre-employment alcohol testing



### WVU has a Third Party Administrator to manage the random selection process

### Random Testing:

- Unannounced and unpredictable
- Reasonably spread throughout the calendar year
- At all times of day



### Random Testing:

 Use of a scientifically valid method in which each covered employee has an equal chance of being selected for testing

### Random Testing Policy Provision:

- Random testing rate\* (per pool)
  - 50% drugs
  - 10% alcohol



### Random Testing Policy Provisions:

### Availability for Testing-

- Random drug testing must occur anytime an employee is on duty
- Random alcohol testing must only be conducted just before, during, just after performance









### Post-Accident Testing:

Covered employees will be tested:

- performance either contributed to an accident or
- cannot be completely discounted as a contributing factor to the accident



# Post-Accident Testing: (Decision Maker is Key) –

Fatality – REQUIRED



### Post Accident:

- Non-Fatal:
  - medical attention away from scene
  - vehicle w/disabling damage

#### Testing required unless:

Employee's performance can be completely discounted as contributing

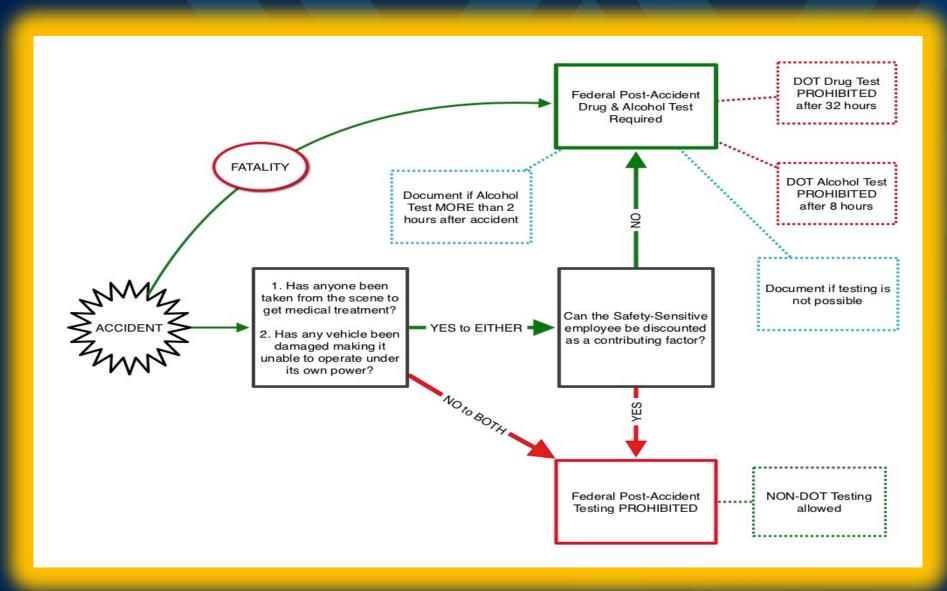


### Post-Accident Time Requirement:

As soon as practicable after SS employee dismissed from scene and medical attention provided

- Testing delayed until decision is made, documentation required
- Alcohol 2/8 hour rule
- Drugs 32 hour rule





# Reasonable Suspicion Testing:

Occurs when a company official believes the employee shows signs of drug abuse and/or alcohol misuse



### Reasonable Suspicion

 For both drugs and alcohol, decision made ONLY on specific, contemporaneous, articulable observations concerning appearance, behavior, speech or body odors



### Reasonable Suspicion

 Written report within 24 hours of observed behavior or before results of test are released if earlier than 24 hrs

# A key tool is the Check list



Review the Reasonable Suspicion Determination Checklist



### Zero Tolerance

- The University has a zero tolerance policy, as outlined in 2.5.5.1 of WVU Rule 3.4
- In 2.5.5.2, the University does allow for self-disclosure, this is also outlined in section 2.10 of policy

### Self-Disclosure

- 2.10.3 A covered employee's self disclosure to the DER shall:
  - occur prior to the covered employee reporting for duty
  - not be made in an attempt to avoid a required drug or alcohol test;

### Self Disclosure

- require covered employee to initiate an assessment through the FSAP within three
   (3) business days
- require the University to remove from safety-sensitive functions

### Return-to-duty and Follow up Testing

If WVU hires employee who is under a Substance Abuse Professionals (SAP) return to duty process -

- The employee must take a DOT return-to-duty test prior to returning to safety-sensitive functions
- The employee will be subject to a minimum of 6 unannounced follow-up tests in the first 12 months



### Return-to-duty and Follow up Testing

### (continued)

- Follow-up testing may occur for up to 60 months
- All testing must be conducted under direct observation

# WHERE?

### Collection Sites:

- MedExpress
- LabCorp
- Wedgwood Family Practice
- Whitehall Medical



# ADDITIONAL INFORMATION

# **Employment Requirements**

- Position description must include safety sensitive functions
- Position must be posted with drug testing (DT) requirement indicated
- Previous employer release is required and investigation pursued
- DOT Background check completed



# **Employment Requirements**

- Contingent offer made
- Employees meet with Talent Strategy, DER and/or Program Manager
- Pre-employment drug testing is conducted, negative result is required
- During onboarding, required training programs must be completed



# Pre-Employment D&A Test History

- Employers must review DOT testing history from applicants previous DOT regulated employers, during prior two years
- Information required under 49 CFR Section 40.25
  - Alcohol tests of >=0.04
  - Verified positive drug tests
  - Refusals
  - Other violations of DOT agency drug/alcohol regs
  - Documentation of successful completion of SAP-required RTD/follow-up process



### **Alcohol Standards**

- No performing covered activity if BAC 0.04 or greater
- No drinking 4 hrs before SS duties
- No drinking while on-call
- 8 hours off-duty after BAC between 0.02 and 0.039, or until < 0.02



# Prescription Medications:

- Have conversation with your physician regarding medications listed for DOT drug testing
- FTA Prescription and Over-the-Counter Medications Toolkit well-regarded by MROs
- Employer form is required when prescription or over-the-counter medications are necessary

# Final Rule in Federal Register (82 FR 52229)

- Effective January 1, 2018
- Key Changes: Adds 4 semi-synthetic opioids (hydrocodone, oxycodone, hydromorphone, oxymorphone)
- Adds methylenedioxyamphetamine (MDA)
- Removes methylenedioxyethylamphetamine (MDEA)
- Modifies timing for Medical Review Officers (MROs) to communicate a significant safety risk or medically unqualified decision



### **DOT Medical Examiners**

- WVU Occupational Medicine conducts
  - DOT evaluations for release to return to work
  - Phone: 304-293-3693
  - Location: CPASS Building

